

SPORTS AUTHORITY OF INDIA
NETAJI SUBHAS NATIONAL INSTITUTE OF SPORTS: PATIALA

TWO DAYS WORKSHOP ON COACHING METHODOLOGIES AND APPLIED OLYMPISM

Two days Workshop on **Coaching Methodologies and Applied Olympism** was conducted at Netaji Subhas, National Institute of Sports, Patiala by the delegates from University of Tsukuba, Japan on 16th & 17th February 2017.

The Workshop was formally inaugurated by Dr.S.S.Roy, Executive Director (A &T), SAI on 16th February 2017 at 10.00 a.m. The inaugural function was held in the Wrestling Hall which was attended by the Faculty Members of Coaching and Sports Sciences, 263 diploma trainees, 69 trainees of 8 Weeks Special Certificate Course from Jammu & Kashmir.

During the workshop first and second lectures were delivered by Prof. Guido Guisler on **Cross Culture Considerations in Competitive Sports and Game Sense Coaching**.

During the evening session on first day of workshop, Prof.Guido conducted a field practical session in Football field on various modified technical skills with the application of various tactical considerations by fostering game intelligence, decision making, use of space, creating space, short and long passes, establishing width and depth.

On the second day of workshop, Prof.Guido Geilser delivered a lecture on **Performance Profiling/needs Analysis and the Development of Mental Performance Plan**.

In the afternoon session, two lectures were delivered first one was delivered by Prof. Alexis Lyras on **Applied Olympism, Olympic Education Value, Dual Careers and Community Coaching** where he emphasized on applied Olympic education programme he also described the cultural, educational, evaluation organization and sports components of Olympic education. His lecture was informative with new visions and approaches.

Last lecture of two days workshop was delivered by Prof.Randeep Rakwal on **“Anti Doping”** which throws light on the ill effects of doping in sports, he also described the structure of Japan Anti Doping Agency. He also elaborated that how funds are raised in Japan for effectively implementing the Anti Doping Programme. The workshop was ended with National Anthem of India.

