



**SPORTS AUTHORITY OF INDIA
NETAJI SUBHASH NATIONAL INSTITUTE OF SPORTS
OLD MOTI BAGH: PATIALA 147001**

Date: 14.07.2023

**JOINING INSTRUCTIONS FOR PROVISIONALLY SELECTED CANDIDATES
OF ONE YEAR P.G. DIPLOMA IN STRENGTH AND CONDITIONING 2023-24**

List of Candidates provisionally selected for the admission to **One Year P.G. DIPLOMA IN STRENGTH AND CONDITIONING** for Academic session 2022-23 is enclosed at **Annexure "A"**. The candidates are advised to read the following instructions carefully and act accordingly.

Those who are provisionally selected have to pay the course fee through the below mentioned link:

Website for paying the fee: <https://ssc.nsnis.in/>

Online Fees payment open: 15th July, 2023 05:00 pm

Last date for Online Fees payment: 20th July, 2023 11:55 PM

- **Seat blocking amount (First installment): Rs.50,000/- (Fifty thousand Non-Refundable)** is to be paid immediately by 20.07.2023, 11:55 PM. (Fee Structure given in Annexure - B).
- **The remaining fee shall be paid in two installments:**
Second Installment -Rs.47,500-00 by 20th November 2023.
Third Installment - Rs.47,500-00 by 20th March 2024.

NOTE: If any candidate from merit list does not pay the above fees before the last date mentioned, he/she shall be removed from the list and candidate from reserve merit will be considered (serial wise).

1. All the selected candidates are required to **bring their original documents of educational qualification, Migration from last attended University and sports achievements at the time of reporting**, failing which their admission will be summarily rejected and next candidate in the merit list will be considered for admission.

Sr.No.	Schedule	Date	Time
1.	Online Classes will commence from	03-08-2023	Schedule will be shared separately.
2.	Reporting at SAI Netaji Subhas National Institute of Sports, Old Moti Bagh Palace, Patiala-147001 (Punjab)	04-08-2023	10.00 AM
3.	Introduction with faculty and orientation to the academic Center	05-08-2023	10.00 AM onwards
4.	Start of offline lectures and Practical.	07-08-2023	11.00 AM onwards

Semester I: July end to November end 2023

Classes	Days
Online Classes	Thursday, Friday , Saturday
Block Teaching I (Physical Classes)	07 st -17 th Aug, 2023 (10 Days)
Block Teaching II (Physical Classes) ASCA Certification	09 th -20 th Oct, 2023 (11 Days)
Block Teaching III (Physical Classes)	06 st -16 th Nov, 2023 (10 Days)
Semester Examination: Theory and Practical (Physical)	December 1 st Week Onwards

Semester II: January end 2024 to April end 2024

Classes	Days
Online Classes	Thursday, Friday , Saturday
Internship	February, 2024 (1 Month)
Block Teaching I (Physical Classes)	11 th -20 th March, 2024 (10 Days)
Block Teaching II (Physical Classes)	4 th -13 th April 2024 (10 Days)
Semester Examination: Theory and Practical (Physical)	May 1 st Week Onwards

2. Lodging and boarding facility will be provided at a time of block teaching at SAI NS NIS, Patiala on SAI rates.

LODGING:

- AC Hostel room (twin sharing with attached bathroom) Rs. 500/- per person per day.
- AC Hostel room (dormitory with Common bathroom) Rs. 200/- per person per day.

BOARDING:

- Food – Veg./Non-veg. Rs. 900/- Per person per day.

3. If any candidate fails to fulfil the eligibility criteria mentioned in the admission Circular dated 15-05-2023 or in case certificates of any candidate in merit list are found fake or forged his/her admission will be summarily rejected even after the start of the course, towards the completion of the course or even after the completion of the course.
4. Personal cars/four wheelers are not permitted in the campus.
5. Use of banned drugs and consumption of alcoholic drinks and smoking and chewing of tobacco is strictly prohibited in the campus, any candidate found guilty strict action will be taken against him/her.



Prof. Kalpana Sharma
Director (Academics)
SAI NSNIS, Patiala

प्रो. कल्पना शर्मा/Prof. KALPANA.SHARMA
निदेशक (अकादमिक)/Director (Academic)
भारतीय खेल प्राधिकरण/Sports Authority of India
नेताजी सुभाष राष्ट्रीय खेल संस्थान, पटियाला
Netaji Subhash National Institute of Sports, Patiala

ANNEXURE- 'A'

S.No.	Name	APPLICATION ID	FATHER NAME	GENDER	STATE
1	SHAMMI KUMAR	SAISSC2023-908	ROSHAN LAL	MALE	Himachal Pradesh
2	GITANJALI PAWAR	SAISSC2023-785	B.S.PAWAR	FEMALE	Delhi
3	RAJAN SINGH	SAISSC2023-69	SANT KUMAR SINGH	MALE	Uttar Pradesh
4	RAKESH VERMA	SAISSC2023-732	KAPIL DEV VERMA	MALE	Bihar
5	ANAND KUMAR	SAISSC2023-1054	KRISHAN SINGH	MALE	Haryana
6	SANDEEP KAUR	SAISSC2023-537	HARPAL SINGH	FEMALE	Punjab
7	SAHIL	SAISSC2023-792	JOGINDER	MALE	Haryana
8	JANAGAMA BALAKRISHNA	SAISSC2023-139	J RAJANNA	MALE	Telangana
9	SANNY PANDEY	SAISSC2023-1113	RAVINDRA NATH PANDEY	MALE	Bihar
10	VISHAL	SAISSC2023-882	SUBHASH	MALE	Haryana
11	RAJ NAVEEN KUMAR	SAISSC2023-926	RAM PHOOL	MALE	Delhi
12	JITHIN RAJENDRAN	SAISSC2023-364	RAJENDRAN D	MALE	Kerala
13	VISHAL KUMAR	SAISSC2023-685	VINAY KUMAR	MALE	Bihar
14	MOHIT SINGH	SAISSC2023-498	HARI PARKASH	MALE	Jammu And Kashmir
15	NEHA	SAISSC2023-796	VIDYA SAGAR	FEMALE	Delhi
16	PANKAJ SINGH	SAISSC2023-64	RAVINDER SINGH	MALE	Chandigarh
17	PRABHDEEP SINGH	SAISSC2023-798	GURSEWAK SINGH	MALE	Punjab
18	MANISH KUMAR	SAISSC2023-177	GOPAL RAM	MALE	Rajasthan
19	PABITRA BORAH	SAISSC2023-678	TARUN BORAH	MALE	Assam
20	AJAY	SAISSC2023-1078	DALBIR SINGH	MALE	Haryana
21	BASAVARAJ RAYAPPA DEMAKKANAVAR	SAISSC2023-424	RAYAPPA DEMAKKANAVAR	MALE	Karnataka
22	ROHIT AGRAWAL	SAISSC2023-837	RAKESH AGRAWAL	MALE	Uttar Pradesh
23	ARCHITA SURIYA	SAISSC2023-505	MAHAVIR	FEMALE	Maharashtra
24	ARUN KUMAR	SAISSC2023-311	RAM KISHAN	MALE	Delhi
25	BIBEKANANDA SAHU	SAISSC2023-892	KRISHNA CHANDRA SAHU	MALE	Orissa
26	JASANDEEP KAUR	SAISSC2023-897	GURMEET SINGH	FEMALE	Rajasthan
27	LALIT KUMAR	SAISSC2023-813	CHHATTAR SINGH	MALE	Haryana
28	NISHA P. NAIKODI	SAISSC2023-1123	PRADEEP NAIKODI	FEMALE	Maharashtra
29	PAWAN KUMAR	SAISSC2023-141	SHREE OMPARKASH	MALE	Haryana
30	GAURAV RIDLA	SAISSC2023-347	VINOD KUMAR	MALE	Delhi
31	AKSHAY. S	SAISSC2023-1004	SHAJU.V	MALE	Kerala
32	DEBAYAN GHOSH	SAISSC2023-831	KAJAL GHOSH	MALE	West Bengal

33	GANGANAPALLI MALLIKHARJUNA	SAISSC2023-42	GANGANAPALLI KONDAIAH	MALE	Andhra Pradesh
34	KHUSHBOO DEVI	SAISSC2023-909	BEER SINGH	FEMALE	Haryana
35	VAIBHAV BUWA	SAISSC2023-1087	VILAS	MALE	Maharashtra
36	VIKRANT SINGH CHARAK	SAISSC2023-710	PARDEEP SINGH CHARAK	MALE	Jammu And Kashmir
37	VIVEK J PARMR	SAISSC2023-503	JITENDRA S PARMAR	MALE	Gujarat
38	AMIT	SAISSC2023-1085	YAGYPAL	MALE	Haryana
39	PARAMJEET	SAISSC2023-770	ARJUN SINGH	MALE	Haryana
40	AL AMEEN E	SAISSC2023-382	ABDUL HAKEEM E	MALE	Kerala
41	PRAJWAL JOSHI	SAISSC2023-944	SHRIPAD	MALE	Maharashtra
42	HADIYA KOMALBEN GHANSHYAMBHAI	SAISSC2023-128	HADIYA GHANSHYAMBHAI PUNJABHAI	FEMALE	Gujarat
43	HARDIK BHONSLE	SAISSC2023-1124	CHANDRASEN BHONSLE	MALE	Gujarat
44	JAGAT KUMAR	SAISSC2023-313	SHRI. JAI NARAIN	MALE	Delhi
45	SANISH K P	SAISSC2023-452	PURUSHOTHAMAN K G	MALE	Kerala
46	TARUNA SHARMA	SAISSC2023-14	NARESH KUMAR SHARMA	FEMALE	Delhi
47	ARJUN	SAISSC2023-695	PUSHE LAL	MALE	Haryana
48	ASHA	SAISSC2023-435	RANDHIR	FEMALE	Haryana
49	BARAL JOGAKETAN	SAISSC2023-167	BARAL BRAHMANANDAM	MALE	Telangana
50	VARUN AGRAWAL	SAISSC2023-713	DEVENDRA AGRAWAL	MALE	Uttar Pradesh

Reserve Merit List:

S.NO.	APPLICATION ID	NAME	FATHER NAME	GENDER	STATE
1.	SAISSC2023-1039	MAYUR BHARGAVA	ISHAWARI BHARGAVA	MALE	Madhya Pradesh
2.	SAISSC2023-135	ABHISHEK PANDEY	MR. RAGHUNATH PANDEY	MALE	Punjab
3.	SAISSC2023-941	VIPIN KUMAR	CHARAN SINGH	MALE	Delhi
4.	SAISSC2023-819	SATINDER PAL SINGH	RANJIT SINGH		
5.	SAISSC2023-703	ANGOM NONGTHONGANBA MEITEI	ANGOM CHAOBA SINGH	MALE	Manipur
6.	SAISSC2023-864	AKSHAY SOLANKI	VIJAY SOLANKI		
7.	SAISSC2023-848	ABHISHEK B	K BHAVADAS		
8.	SAISSC2023-1130	CHANDRA BHUSHAN SHUKLA	VIMAL SHUKLA	MALE	Jharkhand
9.	SAISSC2023-920	SONIA	CHIMAN LAL NAGPAL	FEMALE	Rajasthan
10.	SAISSC2023-781	HARIKRISHNA V K	KRISHNAMURARI	MALE	Kerala

**FEE STRUCTURE FOR ONE YEAR POST GRADUATE DIPLOMA IN STRENGTH AND
CONDITIONING (2023-24)**

1. FEE STRUCTURE

Sr. No.	Fee Bifurcation	Amount (Rs)
Fees to be Submitted at Punjabi University		
1	Registration Fees	3405.00
2	Examination Fees (Semester I)	2270.00
3	Examination Fees (Semester II)	2270.00
	Total	7945.00
Fees to be Submitted at NSNIS, Patiala		
Semester I		
4	Tuition Fees (semester I)*	53555.00*
5	Uniform (Blazer Tic)	2500.00
6	Establishment/ Academic Charges	5000.00
7	Lab Charges	5000.00
8	Syllabus	1000.00
9	Security Deposit (Refundable)	1000.00
10	Scientific Journal and Library Fees	1000.00
11	Medical assistance for Minor Ailments	500.00
	Total	69555.00
Semester II		
12	Tuition Fees (semester II)	67,500.00
	Grand Total	1,45,000.00

**(Additionally, convenience fee for online transaction as applicable will be levied by the payment gateway)*

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