



Vineet Kumar
Executive Director

No.35-00/SAI/NIS/Acad./2024-25/.....415

Dated: 04.06.2024

Subject: Decentralization of Internship Programme in Sports Science at Sports Authority of India.

The programme of Internship in Sports Science at SAI, Regional centres is to provide an opportunity and exposure to the Graduates/Post Graduates/Research Scholars enrolled in recognized universities/institutions in India and abroad in Sports Sciences/Sports Nutrition/Exercise Biochemistry/Sports Physiotherapy/Sports Physiology/Sports Medicine/Sports Biomechanics/Sports Anthropometry Psychology/ to the Research and Development activities carried out by Sports Authority of India in state of art laboratories in the fields relevant to sports sector.

Internship Programme in Sports Science will be conducted at all SAI Regional centres. Details for Internship Programme in Sports Science at Sports Authority of India, NS NIS, Regional Centre are mentioned below.

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Subject: Decentralization of Sports Science Internship-reg.

Decentralization of the Sports Science Internship Policy has been approved by the Competent Authority to expand the internship centers across various NCOEs of SAI.

Accordingly, all centre In-charges are requested to ensure immediate implementation of this policy at all the centres under their administrative control. Compliance and regular update regarding implementation progress shall be shared with this office.

The internship program in Sports Sciences is proposed for other SAI NCOES also like Gandhinagar, Lucknow, Bhopal, Aurangabad, Guwahati, Imphal, Sonapat and Rohtak apart from academic centers like Patiala, Bangalore, Kolkata, Trivandrum and SAI NCSSR Delhi. The process of selection of the interns in the respective sports science verticals and issuance of the internship completion certificates to the students might also be delegated to the respective Regional Heads of SAI NCOES and overall monitoring might be retained with Director (Academics) SAI NSNIS Patiala.

Objectives of the Internship Program

- To allow young academic talent to be associated with the Sports Authority of India's work for mutual benefit.
- Internship program will enable to spread awareness about sports science and sports medicine and its applications to enhance performance in players.
- The interns will help in collecting data from the fields of play and help SAI in reaching the benefits of sports science across players at different levels of competition.
- Institutions/ Interns, on the other hand will benefit working under the expert guidance of scientists/doctors/coaches in the fast-emerging disciplines of sports science and sports medicine.
- To relate different sports science subjects and become familiar with the laboratory tests and equipment.
- To provide insights into the scientific know-how in the latest technological and advances in sports science.
- To provide fundamental knowledge and on field dynamics.
- To provide hands-on training in project development, implementation, analysis and interpretation of data in sports science.
- Provide exposure to work with national / international athletes.

Internship guidelines

- i. The program of Internship in Sports Science at SAI is to provide an opportunity and exposure to the Graduates/Post Graduates/Research Scholars enrolled in recognized universities/institutions in India and abroad in Sports Sciences/ Sports Nutrition/ Exercise Biochemistry/ Sports Physiotherapy/ Sports Physiology/ Sports Medicine/ Sports Biomechanics/ Sports Anthropometry/ Sports Psychology to the Research and Development activities carried out by Sports Authority of India in state of art laboratories in the fields relevant to sports sector.
- ii. The internship will be on unpaid basis.
- iii. Internship shall be available throughout the year based on the requirements of Sports Authority of India and as per availability of Concerned Sports Scientific staff present in the respective NCOES.
- iv. The period of Internship shall be either 8 weeks/12-24 weeks duration.
- v. Interns not completing the requisite period will not be issued any certificate.
- vi. Paid Internship program of MYAS will continue throughout the year as per approved guideline.
- vii. There shall be no age bar for 8 weeks internship. However, age limit for internships for 12-24 weeks duration shall have age limitation of 35 years.

Application Process for Internship:

Students interested in internship/ training, may apply through their respective Academic Heads in **the prescribed format (enclosed at annexure I)** to the Heads of either NCSSR or respective Regional Centers as per details given below:

S. No.	Name of the Regional Centre	Email ID
1.	SAI NCSSR, Delhi	ncssr.sai@gov.in
2.	SAI NSNIS Patiala	directornsnis@gmail.com
3.	SAI NSEC Kolkata	rckolkata-sai@nic.in
4.	SAI NSSC Bangalore	rcbengaluru.sai@gov.in
5	SAI NRC Sonapat	rcsonapat-sai@nic.in
6	SAI NBA Rohtak	sainbartk@gmail.com
7	SAI Lucknow	rclucknow.sai@gov.in
8	SAI Gandhinagar	rcgandhinagar-sai@nic.in
9	SAI CRC Bhopal	rcbhopal-sai@nic.in
10	SAI Imphal	rcimphal-sai@nic.in
11	SAI LNCPE Trivandrum	Lncpetrivandrum.sai@gov.in
12	SAI Guwahati	rcguwahati.sai@gov.in
13	SAI Aurangabad	saiwtcaurangabad@gmail.com

Procedure and conditions for Applicants:

- i. Interested applicants may apply directly via email in the address link of various NCOEs Sports Authority of India mentioned above addressing respective Regional Heads during 1st to 10th of every month. Application can only be made six months in advance but not later than 2 months before the month in which internship is desired. For example, if any applicants want to join internship program which is commencing in the month of Apr-24 then he/she can apply from the month of Oct- 23 to Feb- 24. Application will be valid for the desired month.
- ii. Applicants must also clearly indicate the area of interest/ specific sports science verticals.
- iii. A candidate can apply for internship only once during a financial year.
- iv. The applicants who do not fulfill the eligibility criteria (**enclosed at annexure II**), their applications shall be rejected by the system automatically.
- v. Internship may be allowed for candidates immediately after completion of essential qualification/ awaiting results. The time gap between applying for internship and declaration of results should not exceed 3 months.
- vi. No failed candidate in any of the previous semesters /term end/ course end of the PG program should be considered for internship.
- vii. The selected applicant has to produce original mark sheets and NOC from the college/institution at the time of joining, failing which his/ her candidature shall be cancelled.
- viii. Notification of internship program including the application format will be published to SAI website at all NCOE levels for wider publication. Regional head of respective NCOEs will also tie up with the local Universities/ Medical colleges/ Institutes/ Academies via email for disseminating the information with regard to Internship opportunities in their respective SAI Center.

Procedure for Selection and Other Modalities of the Scheme:

- i. All applications received online from students of different universities /Institutes will be made available to HPD Sports Sciences /Concerned Scientific Officers of respective NCOEs (Whichever is applicable) in Sports Authority of India for further scrutiny. There should be formation of one academic committee members of Sports Sciences (HPD/SO, HPA of each discipline and one HPM) under the chairmanship of RD of respective NCOEs for selection of eligible candidates at each NCOE level.
- ii. The Heads of Verticals/ Divisions/ Units can take a maximum of 4 (four) interns for Internship at a time. This number may be relaxed beyond 4 (four) with the permission of Regional head, NCOE, Sports Authority of India. The decision of the Regional head regarding the suitability of a candidate as intern shall be final and binding.
- iii. The selected candidates may be asked by the vertical/ division to submit the soft copy of their NOC from their Head of the Department/Principal by giving sufficient time before issuance of the offer letter by the vertical head.



- iv. It also has to be indicated in the NOC that the student would not be registered for any course requiring his/her attendance in the class during the period of internship. The vertical/division has to obtain the original NOC issued by the college/institution at the time of joining of the candidate and also verify his/her eligibility from the original documents. If any discrepancy is found, the candidature of the candidate will be cancelled by the Vertical.
- v. Depending upon the number of applications received against a particular domain/area, Sports Authority of India reserves the right to fix up the eligibility criteria, limit the number of applicants to be called for a particular period and to decide about the mode of screening thereof.
- vi. The concerned heads of Vertical/ Divisions shall be personally responsible for ensuring that the work program and output mutually agreed upon with the Intern is satisfactorily completed. Interns shall be required to submit a brief report/paper at the end of their assignment to the Heads of the concerned Verticals/ Divisions about their learning experience.
- vii. Seminars/presentation can be conducted by the concerned Heads of particular Verticals/Divisions for their interns.
- viii. Upon successful completion of the internship, Respective Regional Heads of SAI NCOES will issue the internship certificates (enclosed at annexure III) to the concerned students and one intimation will be send to Director (Academics) SAI NSNIS Patiala for maintain records for future via email.

Attendance:

- i. While doing internship in Sports Authority of India, the candidate should attend office on all working days. Two days leave shall be permitted every month. They have to mark in and out time on daily basis. In case of discrepancy in attendance and punctuality, no extension of internship period is allowed and no experience certificate will be issued.
- ii. The attendance record and the details of work supervision shall be maintained by the Heads of the Verticals/ Divisions/sports science discipline.
- iii. It may be strictly observed that the conduct of the interns and their access to data shall be the sole responsibility of the concerned Advisers/Heads of Verticals only.
- iv. The intellectual property rights will rest with SAI. During the internship, the interns are required to maintain office decorum and discipline and should maintain the confidentiality.



Scheme Review:

Sports Authority of India reserves the right to review the scheme at any time. The Schemes so reviewed will be placed on the website of Sports Authority of India.

Relaxation:

DG, Sports Authority of India will have the power to relax any of the conditions mentioned above, in respect of any deserving candidate.

The formats of Application for Internship, Eligibility for Internship and Internship Completion Certificate are annexed at Annexure I, II and III respectively.

This issued with the approval of the Competent Authority.



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Executive Director (Academics)