

Date: 24.07.2024

**JOINING INSTRUCTIONS FOR PROVISIONALLY SELECTED CANDIDATES  
OF POST GRADUATE DIPLOMA IN STRENGTH AND CONDITIONING 2024-25**

List of provisionally selected candidate for the admission to One Year Post Graduate Diploma in Strength and Conditioning for Academic session 2024-25 is enclosed at Annexure "A". The semester wise schedule is enclosed as Annexure B and fee structure is enclosed as Annexure C.

The provisionally selected candidates are advised to read the following instructions carefully and act accordingly.

A. The fee payment details are as follows:

- I. Those who are provisionally selected have to pay the seat blocking amount (first instalment) through the link:  
<https://www.ssc24.nsnis.in/manager/pub/paymentoptionsub>
- II. Seat blocking amount (First instalment): Rs. 50,000/- (Fifty thousand Non-Refundable)
- III. Online fee payment open: 24 July, 2024 05:00 p.m.
- IV. Last date for online fee payment: 28 July, 2024 11:00 p.m.

Note: if the provisional selected candidate does not submit the seat blocking amount (first instalment) before the deadline, reserve candidates (serial wise) will be called for admission.

B. The remaining fee shall be paid in two installments:

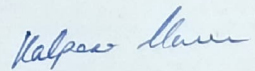
- Second Installment - Rs.47,500/- in November 2024.  
Third Installment - Rs.47,500/- in March 2025.

C. All the provisionally selected candidates who paid the first instalment fee are required to bring their original documents of education qualifications (starting from class 10<sup>th</sup>), migration from last attended University, 02 passport size photograph, NOC from their respective organization (if employee) and self-attested photocopy of application form and all education document at the time of reporting.

D. If any candidate fails to fulfil the eligibility criteria or in case certificates of any candidate in merit list are found fake or forged his/her admission will be summarily rejected even after the start of the course, towards the completion of the course or even after the completion of the course.

E. Personal cars/four wheelers are not permitted in the campus.

F. Use of banned drugs and consumption of alcoholic drinks and smoking and chewing of tobacco is strictly prohibited in the campus, any candidate found guilty strict action will be taken against him/her.



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Netaji Subhash National Institute of Sports, Patiala

**ANNEXURE- 'A'**

**List of provisionally selected candidates of 2nd Post Graduate Diploma in Strength and Conditioning 2024-25**

<b><u>S.N.</u></b>	<b><u>APP NO</u></b>	<b><u>STUDENT NAME</u></b>	<b><u>FATHER NAME</u></b>
1.	SAISSC2024-384	HIMMAT SINGH	HARI SINGH
2.	SAISSC2024-596	TILAK SINGH	SHRI MAHAVIR SINGH
3.	SAISSC2024-583	MAMTA	KRISHAN MURARI
4.	SAISSC2024-278	SURAJ CHOUDHARY	NAINU LAL CHOUDHARY
5.	SAISSC2024-662	YASH RAJENDRA GUNJAI	RAJENDRA MALOJI GUNJAL
6.	SAISSC2024-535	MANISH BHIMRAO CHAVAN	BHIMRAO KERBA CHAVAN
7.	SAISSC2024-403	SONU SAROTE	ASHARAM SAROTE
8.	SAISSC2024-533	MARGIBEN	SHAILESHBHAI
9.	SAISSC2024-81	JIM GEORGE ABRAHAM	ABRAHAM V C
10.	SAISSC2024-276	NARENDRA KUMAR CHOUDHARY	MAHAVEER PRASAD CHOUDHARY
11.	SAISSC2024-289	MOHD HASAN	MOHD HANEEF
12.	SAISSC2024-542	AMAN KUMAR	VIJAY SHANKER JHA
13.	SAISSC2024-294	K. LALRAMDINPUII	JOHNY K. LALCHUNGUNGA
14.	SAISSC2024-423	SAHIL	RAJKUMAR
15.	SAISSC2024-696	PALADUGU SRI LAKSHMI	P R C SEKHAR
16.	SAISSC2024-689	MADHUMITHA P	PALANI
17.	SAISSC2024-584	ROHIT KAMBOJ	ATMA RAM
18.	SAISSC2024-409	SANJEET	MEER SINGH
19.	SAISSC2024-600	SAPAVAT VENKATESHWARLU	SAPAVAT HARI NAIK
20.	SAISSC2024-404	SHIV BACHAN	SHYAM DEV YADAV

*Kalpana*

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## POST GRADUTE DIPLOMA IN STRENGTH AND CONDITIONING (2024-25)


S. No.	Schedule	Date	Time
1	Online Classes will commence from	25-07-2024	10:00 AM -12:00 4.00 PM-6.00 PM
2	<b>Document Verification</b> at SAI Netaji Subhas National Institute of Sports, Old Moti Bagh Palace, Patiala-147001 (Punjab)	05-08-2024	9:00 AM onwards
3	Introduction with faculty and orientation to the Academic Centre/ and	05-08-2024	12:00 Noon onwards
4	Start of Block Teaching-I (Physical Classes)	05/08/24 to 19/08/24 (International Faculty)	10:00 AM onwards

## Semester I: July end to November mid 2024

Classes	Days
Online Classes	Thursday, Friday, Saturday
Block Teaching I (Physical Classes)	05/08/24 to 19/08/24 (15 Days)
Block Teaching II (Physical Classes)	14/10/24 to 30/10/24 (15 Days)
Semester Examination: Theory and Practical (Physical)	18th November Onwards (As per Punjabi University Schedule)

## Semester II: January to April end 2025

Classes	Days
Online Classes	Thursday, Friday, Saturday
Block Teaching I (Physical Classes)	3 <sup>rd</sup> March to 17 <sup>th</sup> March 2025 (15 Days)
Internship	1 <sup>st</sup> April to 30 <sup>th</sup> April 2025
Semester Examination: Theory and Practical (Physical)	5 <sup>th</sup> May 2025 Onwards (As per Punjabi University Schedule)



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**FEE STRUCTURE FOR ONE YEAR POST GRADUATE DIPLOMA IN STRENGTH AND  
CONDITIONING (2023-24)**

Sr. No.	Fee Bifurcation	Amount (Rs)
<b>Fees to be Submitted at Punjabi University</b>		
1	Registration Fees	3405.00
2	Examination Fees (Semester I)	2270.00
3	Examination Fees (Semester II)	2270.00
	<b>Total</b>	<b>7945.00</b>
<b>Fees to be Submitted at NSNIS, Patiala</b>		
<b>Semester I</b>		
4	Tuition Fees (semester I)*	53555.00*
5	Uniform (Blazer Tie)	2500.00
6	Establishment/ Academic Charges	5000.00
7	Lab Charges	5000.00
8	Syllabus	1000.00
9	Security Deposit (Refundable)	1000.00
10	Scientific Journal and Library Fees	1000.00
11	Medical assistance for Minor Ailments	500.00
	<b>Total</b>	<b>69555.00</b>
<b>Semester II</b>		
12	Tuition Fees (semester II)	<b>67,500.00</b>
	<b>Grand Total</b>	<b>1,45,000.00</b>

\*(Additionally, convenience fee for online transaction as applicable will be levied by the payment gateway)

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