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CONTENTS**Relationship of Selected Motor Abilities and Anthropometric Parameters with Long Jump Performance of National Level Jumpers****Ms. Nilima Deshpande¹, Dr. R. Subramanian², Dr. Simarjeet Singh³****05****Exploring Flow State in Indian Sport Context****Chitra Dhiman¹, Meenal Gupta²****11****Kinanthropometric Positional Differences Between Senior and Junior National Male Hockey Players****Sukhdeep Singh Kang*****17****Variation in Age and Physical Activity on Selected Biochemical Profiles of Indian Female Volleyball & Table Tennis Players****S.K.Dey¹, Subhra Chatterjee (Nee Karmakar)²,
Abhishek Bandyopadhyay³, Sujata Jana³, T., K. Ghosh⁴****25****Gender based Comparison of Task and Ego Orientation and Coping Skill of Indian Youth Weightlifters****Sanjay Garnaik¹, Ramakrishnan Gandhi²****40**

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Editorial

This issue of the Journal carries five articles on different subjects.

The first article by the Institute scientists, studies the relationship of selected motor abilities and anthropometric parameters with the long jump performance of national level long jumpers. The researcher conclude that there is no co-relation between height and length with jumping performance and there is significant relationship of speed, standing jump, and hop jump with long jump performance.

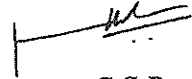
The second article explores the importance of flow state in sports, in the Indian context. The results indicate that the mental imagery improved the use of different kinds of imagery, in the Fencing players, that in turn helped them to enhance their flow state.

The third article studies the Kinanthropometric positional differences between senior and junior Indian national male Hockey players. Such studies can help us analyses the body composition of our Hockey players and can also serve as reference data for the position-wise selection of Hockey players.

The fourth article presents the variation of age and physical activity levels in different biomechanical variables of Indian female Table Tennis and Volleyball players. As such studies are quite limited in India, the data of the present study can serve as a frame of reference for monitoring the training of players of different age groups, of these disciplines.

The last article carries out the gender based comparison of task and ego orientation and coping skill of Indian Youth Weightlifters. According to the researchers, a significant difference was observed in the coach ability between male and female weightlifters. The female weightlifters were more positive in this skill. In all other factors, no difference was seen between both these groups.

We hope the readers would find these studies interesting and useful.



S.S.Roy
Editor-in-Chief