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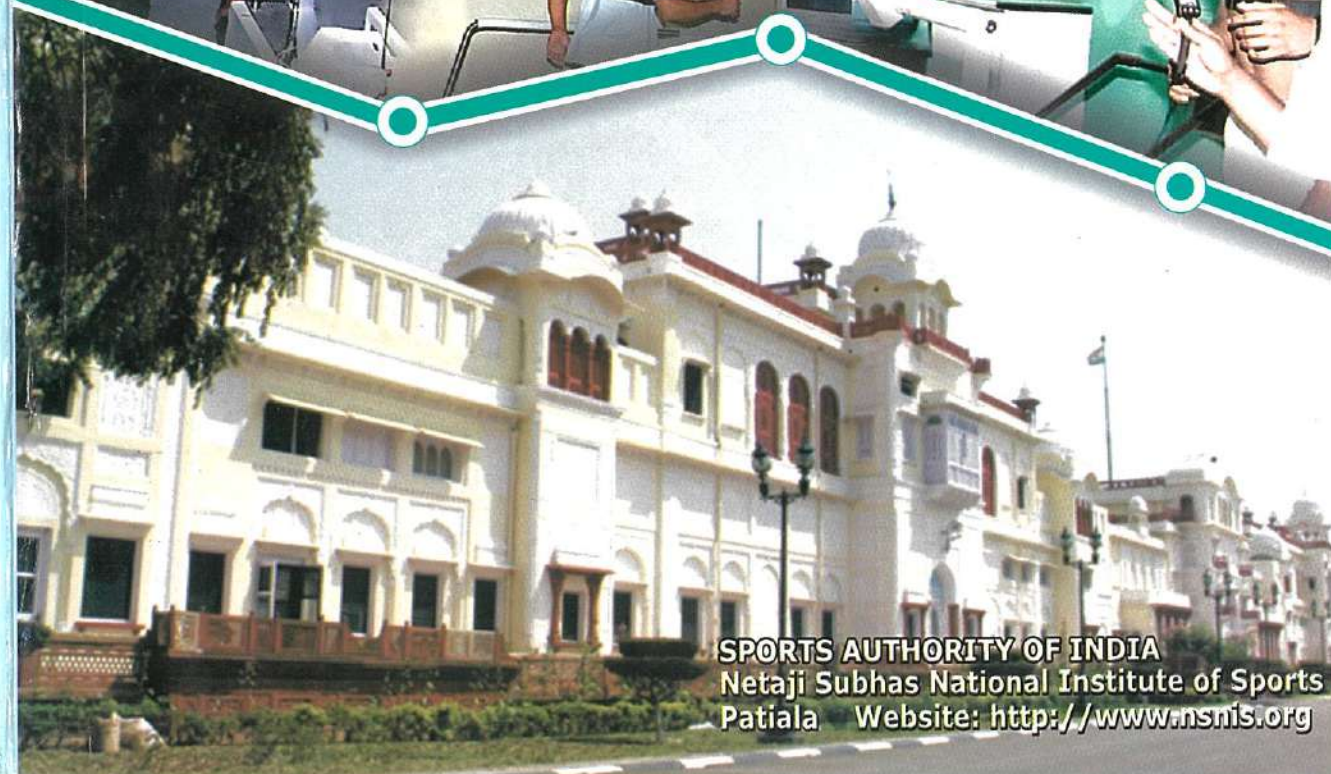
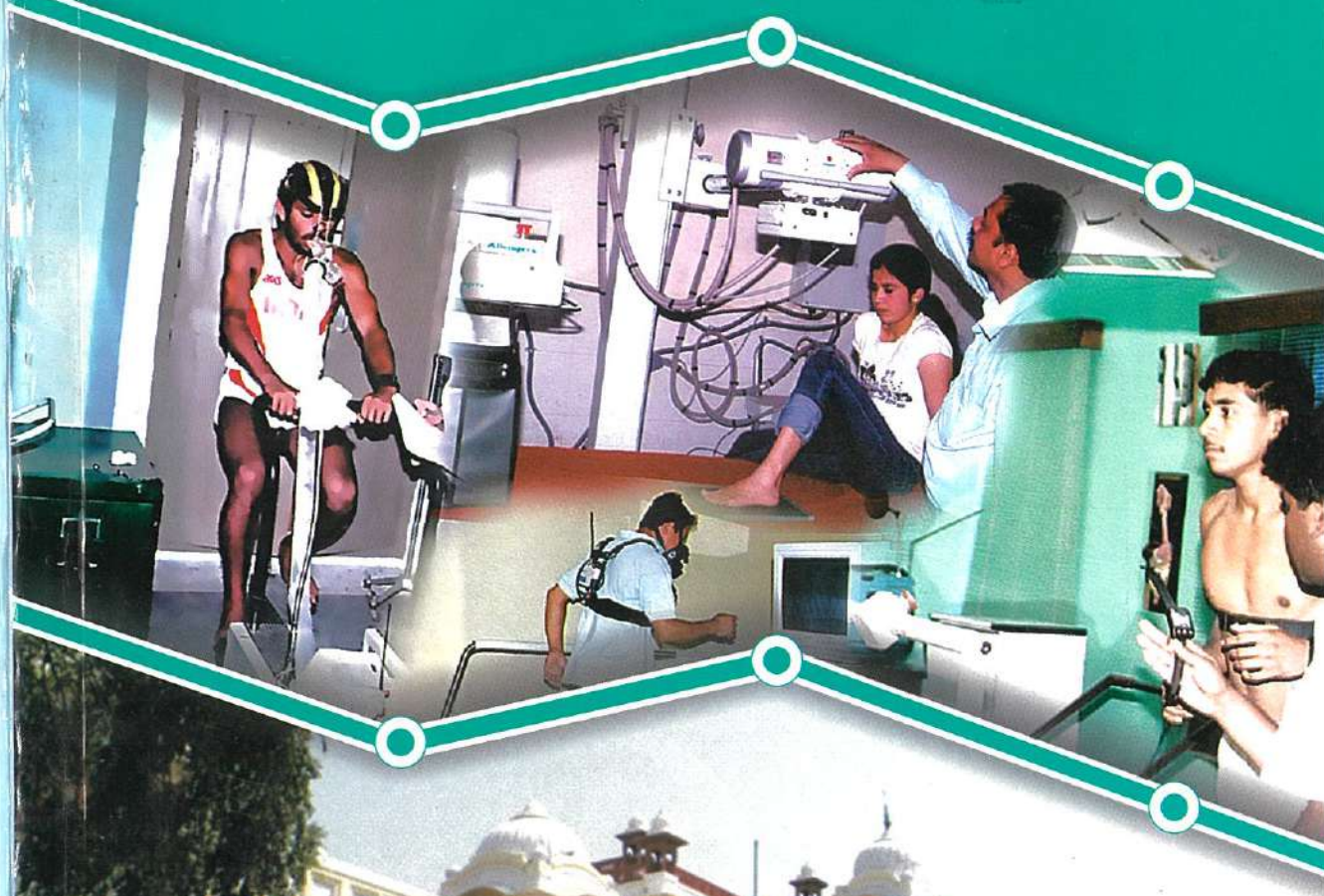
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Editorial

This issue of the Journal carries six articles, on various topics related to sports and sports sciences.

The lead article is a study of 200 m Breast Stroke Swimming in relation to stroke length, stroke frequency and partial distance performance. The researchers found significant relationship between stroke length and stroke frequency, and partial distance performance and stroke frequency.

The second article investigates the physiological status of field Hockey players in order to know the optimal training load to bring about the desired physiological responses without causing muscle-skeletal problem or burn out. The authors observed significant relationship between aerobic capacity, maximum heart rate and recovery heart rate, which shows higher aerobic capacity and faster recovery of heart rate, in the first minute of recovery.

The third article presents the analysis and comparison of selected temporal characteristics of senior male and female Volleyball players of international level. It says that the duration of the Rally is significantly longer in female category and the interval between jumps in male group middle blockers is significantly higher; while the differences between male and female groups in selected temporal variables, are insignificant.

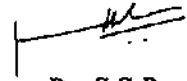
The fourth article studies the effect of pranayama on related cardio-respiratory parameter of inter-collegiate athletes. Researchers conclude that pranayama practice improved the cardio-respiratory parameters of resting heart rate, breath holding time and respiratory rate in the athletes.

The authors of the fifth article analyse the selected anthropometric measurements between Football and Hockey Inter-collegiate players of Himachal Pradesh University and found that the

forwards of Hockey possess significantly wider diameter of the wrist and lesser ankle diameter than the forwards of Football.

The last article explores the concept of sports sector with employment opportunities along with the role of UGC and Indian Universities to generate skilled human resources. The suggestions given in this paper might be fruitful for the development of sports sector related skills.

'Hope you will find these presentations interesting and useful.



Dr. S.S.Roy
Editor-in-Chief