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Telephone : 0175-2394306 Fax: 0175-2212070

E-mail : mail@nsnis.org, Website : http://www.nsnis.org

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CONTENTS**Analysis of Agility Among Women Volleyball Players**

Yogesh Chander

05**Effect of Conditioning Training Programme on Blood Urea Level of Male Athletes**

Ranbir Singh

16**Relationship of Leg Length and Angle of Pass Among the Soccer Players of Chandigarh**

Anshul Singh Thapa, Sushil Kalta, Inder Prakash Nagi

19**What Makes Elite Players Different: A study on Motivation and Psychological Skills of Wushu Players**

Thangjam Shihvata

29**Effect of Psychological Skills Training on Mental Toughness and Mental Health among Athletes**

P. Gopinathan

37

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Editorial

This issue of the Journal carries five articles on various topics of sports and sports science.

The author of the first article studies the relationship between agility and playing ability of women Volleyball players. The paper has its importance for the Volleyball coaches, researchers and professional club working for development of Volleyball.

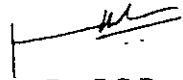
The researcher, in the second article, makes an attempt to explore the impact of conditioning training on blood Urea level of male athletes; and concludes that the results powerfully prove insignificant difference between pre and post-test of their blood urea level.

The author of the third presentation suggest that no relationship exists between the leg length and the angle of the leg, during the execution of a pass in Soccer, when analysed in two different situations of accurate and non-accurate passes.

The fourth paper is a study to understand the difference between the elite and sub-elite Wushu players, from the point of view of their motivation and psychological skills. The researcher found significant difference in their intrinsic motivation to accomplish and positive energy control.

The last paper presents the effect of psychological skill training on mental toughness and mental health among athletes. The results reveal that psychological skills training significantly improves the mental health qualities of athletes.

We hope you would find these presentations useful and interesting.



Dr. S.S.Roy
Editor-in-Chief