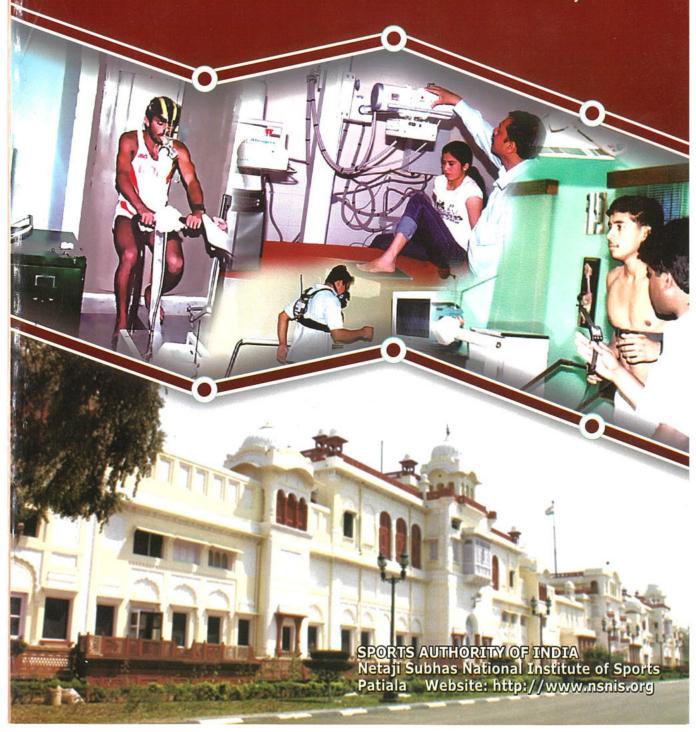
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# Editorial

This issue of the Journal carries five articles on various topics.

In the lead article, the author compares the performance of rural and urban athletes of the State Universities of Punjab and concludes that the rural athletes, whether position holders or participants, had shown better performance, in all the events. The author feels that if the rural youth could be provided better equipment, world-class sports facilities and scientific coaching, they can work wonders.

The second article is a general research article on the history and progression of Commonwealth Games. The author has gone into detail to bring various aspects of the Games, before the readers.

The authors of the third article makes an attempt to understand the sports imagery and personality traits of female Soccer players; and to ascertain the relationship of sports imagery and personality of female Soccer players of the different colleges of Punjabi University. The results show that the personality type i.e. extrovert-introvert and neuroticism have no relationship with the imagery ability of the female Soccer players.

In the fourth article, the authors study the somatotype characteristics of male national throwers, of different categories, of India, and find that Olympic throwers are having more muscular skeletal development and that Indian throwers are found heavier and shorter with respect of the Olympic throwers.

The last articles is a study of leg length and mid thigh girth of top Indian male sprinters. The analyses revealed insignificant differences in the case of 100m, 200 m and 400 m sprinters.

We hope, you will find these presentations interesting and useful.

Dr. S.S.Roy Editor-in-Chief