

ISSN 2321-6557

RNI NO. : PUNENG/2012/47863

Sports Research

Quarterly

July, 2013

Vol.2 No.3

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SPORTS AUTHORITY OF INDIA
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Patiala Website: <http://www.nsnis.org>

SPORTS RESEARCH

The Quarterly Research Journal on Sports & Sports Science

Editor-in-Chief & Publisher : Dr. L.S. Ranawat

Editor : Surjeet Singh Dhaliwal

Printed and Published by Dr. L.S. Ranawat

for SAI Netaji Subhas National Institute of Sports, Patiala.

Printed at Press Time Printers, #18, Factory Area, Patiala

RNI Regn. No. PUNENG / 2012 / 47863

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Telephone : 0175-2394306 Fax : 0175-2212070

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Subscription Rates

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SAI Coaches & Scientists.....	Rs. 250/- per Annum
NIS Students and outsiders.....	Rs. 300/- per Annum
	Rs. 550/- two years
	Rs. 800/- three years
Single Copy & Old issues.....	Rs. 60/- per copy

FOREIGN

By Air Mail.....	US\$ 60 per annum
By surface mail.....	US\$ 45 per annum
Single copy & old issues.....	US\$ 15 per copy

The rates are subject to change without any notice.

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**Netaji Subhas National Institute of Sports
MOTIBAGH, PATIALA, INDIA**

Information for Subscribers / Contributors

- The *Sports Research*, an official organ of the Sports Authority of India Netaji Subhas National Institute of Sports, is a quarterly Journal published in the months of January, April, July and October.
- The Journal publishes original research and review articles on sports and allied sports science.
- The subscription should be renewed promptly. The Publishers cannot guarantee the supply of back issues, on belated renewals.
- Any change of address must be notified immediately.
- Remittances should be made through Bank Draft in the name of 'SAI NSNIS, Patiala', payable at Patiala.
- All correspondence concerning business and editorial matters should be addressed to the Managing Editor, Sports Research, SAI NSNIS, Motibagh, Patiala - 147 001, India
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Editorial

Once again, the publication of the July issue of the 'Sports Research' has been delayed. These teething troubles are natural for any new publication of this type; yet, the Journal of Sports and Sports Sciences, in its new avatar as 'Sports Research' quarterly is destined to play an important role in dissemination of scientific information.

This issue of the Journal carries five experimental research articles. The comparative analysis of mental health, personality traits and anxiety of sportsmen and non-sportsmen collegiates carried out in the lead article results in the findings that the sportsmen are having higher mental health status, are more extroverts and have less anxiety than the non-sportsmen. The study indicates that the students should take up sports activities; in order to have a pleasurable and enjoyable life.

The second article, by SAI NSNIS scientists, studies the anthropometric parameters of elite Indian female Netball players and compares these values with that of the high performance Australian Netball players.

The third study compares the level of emotional intelligence between team and individual game sportsmen and concludes that emotional intelligence level of the individual sportsmen was higher than the team sportsmen.

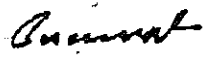
The next interesting article presents the comparison of physical fitness variables among Hockey players of different playing positions.

The last articles, again by SAI NSNIS scientists, studies the growth and motor development of 9-14 year girls of northern India. They conclude that there is progressive increase in height, weight, running speed, agility, endurance, leg strength and speed ability of girls of 9-14 years age-group; but there was no progressive development in arm and shoulder strength of this age-group of girls. Researchers feel that further in depth comparative studies are required about various variables among female and male, group.

Hope you would find these studies interesting and valuable. From January issue onwards, we have also tried to improve the paper quality of the journal and have made it more colourful.

This is going to be my last tet'-a-tet' with you as the Editor-in-Chief of the Journal since I would now be taking up a more daunting task as Vice-Chancellor of the newly established Rajasthan Sports University at Jhunjhunu, Rajasthan. The Editor Shri Dhaliwal has also now hung his shoes after his long journey - about 30 years association - with the NIS publications. We wish the readers and contributors of 'Sports Research' good time and success in their endeavours.

September 2013


Dr. L.S. Ranawat
Editor-in-Chief