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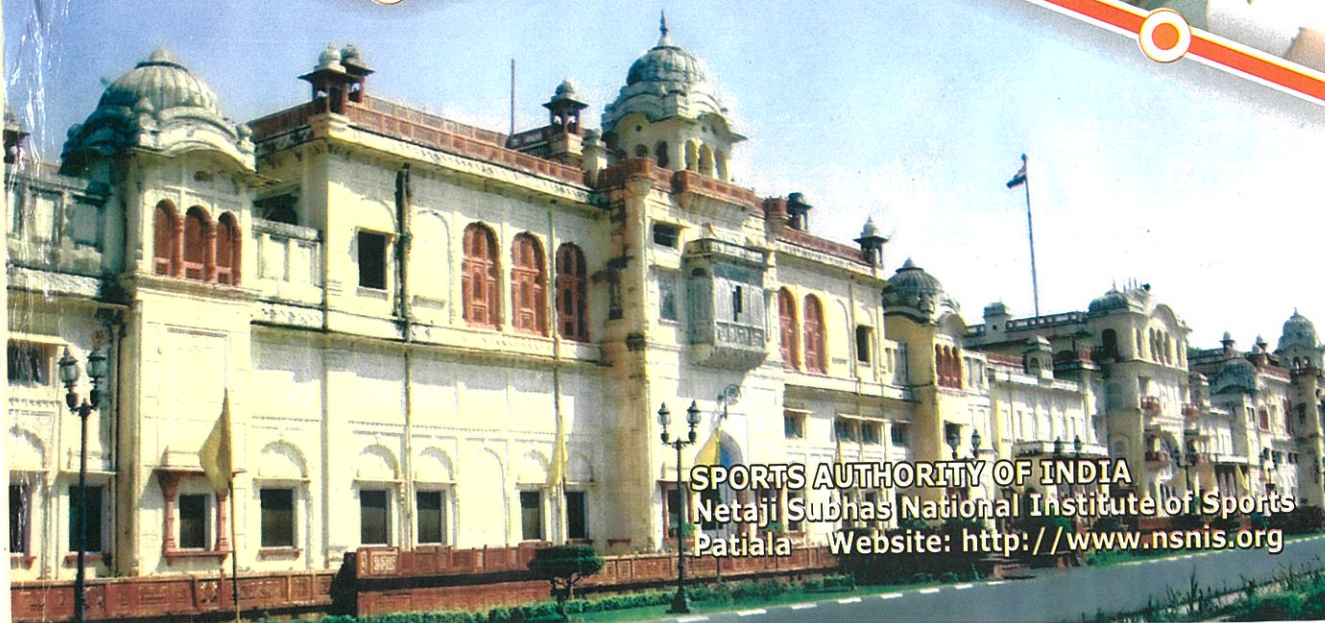
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Telephone : 0175-2394306 Fax: 0175-2212070

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Editorial

It has been our endeavour to be up-to-date, as far as the publication of the Journal is concerned. The backlog would be cleared shortly ; and we hope to place the January, 2015, issue in your hands as per schedule.

This issue carries five experimental research presentations.

The first article presents the analysis of the differences in the physical fitness variables of Football players of various positions. The researcher found that there was significant difference, among the players of the different positions of the Football game, in arm and shoulder strength, agility, speed, and cardio-vascular endurance.

The second article studies the important question of impact of substitution on the outcome of the matches during the FIFA World Cup 2010. The researchers conclude that the substitutions do make a dent on the outcome of the match, in the direction desired by the coach and in scoring important goals for their teams and also in lending help to their team mates in scoring the goals.

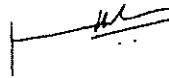
In the third article, the author has constructed and standardized an aptitude test for selecting candidates for admission to Physical Education professional courses. The study is significant since it could help the Physical Education institutions in streamlining the admission process,

although further studies would help confirm this inventory.

The fourth article presents the relationship of selected physiological variables with the performance of Swimmers. The researcher finds that apart from techniques and tactics, the physiological attributes play an important role in Swimming performance. Therefore, the regular monitoring of these variables can help the young swimmers to know their status so that the specific areas could be improved, to improve performance.

The last article, of this issue, confirms that yoga training makes significant impact on the self-confidence and mental health of college players.

We hope you would find these presentations interesting and useful.

A handwritten signature in black ink, appearing to read 'S.S. Roy', with a horizontal line extending to the left.

*S.S.Roy
Editor-in-Chief*