

ISSN 2321-6557

RNI NO. : PUNENG/2012/47863

Sports Research

Quarterly

Vol. 5 No.3

July 2016



SPORTS AUTHORITY OF INDIA
Netaji Subhas National Institute of Sports
Patiala Website: <http://www.nsnis.org>

SPORTS RESEARCH

The Quarterly Research Journal on Sports & Sports Science

Editor-in-Chief : S.S. Roy
Editor : Dr. Rajdeep Kaur

Printed and Published by

SAI Netaji Subhas National Institute of Sports, Patiala.

Printed at Phulkian Printing Press Pvt. Ltd.,

Books Market, Patiala

RNI Regn. No. PUNENG / 2012 / 47863

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SAI Coaches & Scientists.....	Rs. 250/- per Annum
NIS Students and outsiders.....	Rs. 300/- per Annum
	Rs. 550/- two years
	Rs. 800/- three years
Single Copy & Old issues-----	Rs. 60/- per copy

FOREIGN

By Air Mail.....	US\$ 60 per annum
By surface mail.....	US\$ 45 per annum
Single copy & old issues.....	US\$ 15 per copy

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SPORTS AUTHORITY OF INDIA
Netaji Subhas National Institute of Sports
MOTI BAGH, PATIALA, INDIA



Information for Subscribers / Contributors

- The Sports Research, an official organ of the Sports Authority of India Netaji Subhas National Institute of Sports, is a quarterly Journal Published in the months of January, April, July and October.
- The Journal publishes original research and review articles on sports and allied sports sciences.
- The subscription should be renewed promptly. The publishers cannot guarantee the supply of back issues, or delayed renewals.
- Any change of address must be notified immediately.
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This issue of the Journal carries five research articles on varied subjects.

In the first article, the researcher compares the neuropsychological abilities of amateur and professional boxers with that of the non-boxers and concludes that the professional boxers had more critical neuropsychological impairment in visual memory, visuospatial constructional abilities and visual motor abilities. The author stresses the implementation of recommendations of Association of Ringside Physicians, in order to improve Boxing safety.

In the second presentation, the researchers evaluate stress among Kabaddi, Hockey and Volleyball players of Himachal Pradesh. The authors found non significant differences on the basis of type of sport, as well as, level of participation.

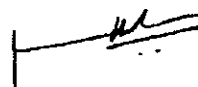
In the third article, our Sports Medicine experts carry-out assessment of the core stability of the elite Indian female Football players, in comparison to the untrained male and female population and conclude that Football training significantly improves the endurance times in elite female footballers.

The author of the fourth presentation analyses the anthropometric characteristics of sports hostel and non-sports hostel Hockey players of Himachal Pradesh and concludes that there was a significant difference in the variables of forearm length and hip

width while non significant differences were found in the variables of age, weight, height, arm length and shoulder width.

The last study, by the Institute scientists, focuses on the relationship between selected fitness and anthropometrical parameters of sports population and find it significant.

We hope you will find these presentations interesting and useful.

A handwritten signature in black ink, appearing to read 'S.S. Roy', written over a horizontal line.

S.S.Roy
Editor-in-Chief