





Date: 09.06.2025

JOINING INSTRUCTIONS FOR PROVISIONALLY SELECTED CANDIDATES

OF ONE YEAR P.G. DIPLOMA IN EXERCISE PHYSIOLOGY 2025-26

List of provisionally selected candidate for the admission to One Year Post Graduate Diploma in Exercise Physiology for Academic session 2025-26 is enclosed at Annexure A. The semester wise schedule is enclosed as Annexure B and fee structure is enclosed as Annexure C.

The provisionally selected candidates are advised to read the following instructions carefully and act accordingly.

- A. The fee payment details are as follows:
 - I. Those who are provisionally selected have to pay the seat blocking amount (first instalment) through the link: https://www.ssc.nsnis.in/manager/pub/paymentoptionsubi
 - II. Seat blocking amount (First instalment): Rs. 50,000/- (Fifty thousand Non-Refundable)
 - III. Online fee payment open: 11 June, 2025 11:00 a.m.
- IV. Last date for online fee payment: 25 June, 2025 11:00 p.m.
- B. The remaining fee shall be paid in two installments: Second Installment - Rs. 40,000/- in November 2025 Third Installment - Rs. 40,000/- in March 2026.
- C. All the provisionally selected candidates who paid the first instalment fee are required to bring their original documents of education qualifications (starting from class 10th), migration from last attended University, 02 passport size photograph, NOC from their respective organization (if employee) and self-attested photocopy of application form and all education document at the time of reporting.
- D. If any candidate fails to fulfil the eligibility criteria or in case certificates of any candidate in merit list are found fake or forged his/her admission will be summarily rejected even after the start of the course, towards the completion of the course or even after the completion of the course.
- E. Personal cars/four wheelers are not permitted in the campus.

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F. Use of banned drugs and consumption of alcoholic drinks and smoking and chewing of tobacco is strictly prohibited in the campus, any candidate found guilty strict action will be taken against him/her.

Sibananda Mishra
Deputy Director (Academics)
SAI NSNIS, Patiala

सिबानंद मिश्रा/Sibananda Mishra
उप निदेशक/Deputy Director
भारतीय खेल प्राधिकरण
SPORTS AUTHORITY OF INDIA
एनएस एनआईएस पटियाला
NS NIS Patiala.

<u>List of provisionally selected candidates of 3rd Post Graduate Diploma in Exercise Physiology 2025-</u>

S.N.	APPLICATION NO	STUDENT NAME	FATHER NAME
1	SAISSC2025-508	RAJAN SINGH	SANT KUMAR SINGH
2	SAISSC2025-699	AJAY LATHER	BALKAR SINGH
3	SAISSC2025-677	ABDUL FAYUM	ABDUL SAMI
4	SAISSC2025-787	ANAND MOHAN PARMAR	VIJAY SINGH
	SAISSC2025-779	ARYAN NANDAN	RAJIV NANDAN KUMAR

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Classes

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TIMELINE

S. No.	Schedule	Date	Time	
1	Online Classes will commence from	28-07-2025	Scheduled will be shared separately	
2	Reporting and Document Verification at SAI Netaji Subhas National Institute of Sports, Old Moti Bagh Palace, Patiala- 147001 (Punjab)	21-07-2025	10:00 AM	
3	Introduction with faculty and orientation to the Academic Centre	21-07-2025	12:00 noon onwards	
4	Block Teaching [SEM-I] (Physical Classes)	6/10/25 – 17/10/25 (SAI Faculty)	09:00 AM onwards	

Semester I: July end to November end 2025

2	Classes	Days
	Online Classes	Monday, Tuesday, Wednesday, Thursday, Friday
	Block Teaching (Physical Classes)	6 th – 17 th October 2025 (SAI Faculty)
Semester Examination: Theory and Practical (Physical)		December 1 st Week Onwards (As per Punjabi University Schedule)

Semester II: January to April end 2026

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Classes	Days		
Online Classes	Monday, Tuesday, Wednesday, Thursday, Friday		
Internship	1 st April to 30 th April 2026		
Block Teaching (Physical Classes)	9 th - 20 th March 2026		
Semester Examination: Theory and	May 1 st Week Onwards		
Practical (Physical)	(As per Punjabi University Schedule)		

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FEES BIFURCATION:

POST GRADUATE DIPLOMA IN EXERCISE PHYSIOLOGY

Sr. No.	Fee Bifurcation	Amount (Rs)	
1	1 Registration Fees		
2	2 Examination Fees (Semester I)		
3	Examination Fees (Semester II)	3040.00	
	Total	9655.00	
	Semester I		
4	Course Fees (semester I)	51845.00	
5	Uniform (Blazer Tie)	2500.00	
6	Establishment/ Academic Charges	5000.00	
7 Lab Charges		5000.00	
8	Syllabus	1000.00	
9	Security Deposit (Refundable)	1000.00	
10	Scientific Journal and Library Fees	1000.00	
11	Medical assistance for Minor Ailments	500.00	
Car clasua.	Total	67845.00	
	Semester II		
12	Course Fees (semester II)	52,500.00	
,	TOTAL FEES	1,30,000.00	

(Additionally, convenience fee for online transaction as applicable will be levied by the payment gateway)

1st install	ment: Rs. 5	0,000/- to be paid	in June,2025		
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2" install	ment: Rs. 4	0,000/- to be paid	III INOVERIDEI ,2	023	ga • tras • tre • tresament of
3 rd install	ment: Rs. 40	0,000/- to be paid	in March,2026		
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