



**SPORTS AUTHORITY OF INDIA
NETAJI SUBHASH NATIONAL INSTITUTE OF SPORTS
OLD MOTI BAGH: PATIALA 147001**



Date: 09.06.2025

**JOINING INSTRUCTIONS FOR PROVISIONALLY SELECTED CANDIDATES
OF POST GRADUATE DIPLOMA IN STRENGTH AND CONDITIONING 2025-26**

List of provisionally selected candidate for the admission to One Year Post Graduate Diploma in Strength and Conditioning for Academic session 2025-26 is enclosed at Annexure "A. The semester wise schedule is enclosed as Annexure B and fee structure is enclosed as Annexure C.

The provisionally selected candidates are advised to read the following instructions carefully and act accordingly.

A. The fee payment details are as follows:

- I. Those who are provisionally selected have to pay the seat blocking amount (first instalment) through the link: <https://www.ssc.nsnis.in/manager/pub/paymentoptionsubi>
- II. Seat blocking amount (First instalment): Rs. 50,000/- (Fifty thousand Non-Refundable)
- III. Online fee payment open: 11 June, 2025 11:00 a.m.
- IV. Last date for online fee payment: 25 June, 2025 11:00 p.m.

Note: if the provisional selected candidate does not submit the seat blocking amount (first instalment) before the deadline, reserve candidates (serial wise) will be called for admission.

B. The remaining fee shall be paid in two installments:

Second Installment - Rs.47,500/- in November 2025.

Third Installment - Rs.47,500/- in March 2026.

C. All the provisionally selected candidates who paid the first instalment fee are required to bring their original documents of education qualifications (starting from class 10th), migration from last attended University, 02 passport size photograph, NOC from their respective organization (if employee) and self-attested photocopy of application form and all education document at the time of reporting.

D. If any candidate fails to fulfil the eligibility criteria or in case certificates of any candidate in merit list are found fake or forged his/her admission will be summarily rejected even after the start of the course, towards the completion of the course or even after the completion of the course.

E. Personal cars/four wheelers are not permitted in the campus.

F. Use of banned drugs and consumption of alcoholic drinks and smoking and chewing of tobacco is strictly prohibited in the campus, any candidate found guilty strict action will be taken against him/her.

Sibananda Mishra
Deputy Director (Academics)
SAI NSNIS, Patiala

सिबानंद मिश्रा/Sibananda Mishra
उप निदेशक/Deputy Director
भारतीय खेल प्राधिकरण
SPORTS AUTHORITY OF INDIA
एनएस एनआईएस पटियाला
NS NIS Patiala.

**List of provisionally selected candidates of 3rd Post Graduate Diploma in Strength and Conditioning
2025-26**

S.N.	APPLICATION NO	STUDENT NAME	FATHER NAME
1	SAISSC2025-472	ANUBHAV DIKSHIT	BIMAL KUMAR DIKSHIT
2	SAISSC2025-659	VIVEK VAVACHAN	D VAVACHAN
3	SAISSC2025-789	AMAN SALYAN	DHARMINDER SINGH
4	SAISSC2025-790	HARSHWARDHAN	DEEPAK
5	SAISSC2025-206	PRATYUSH MANIK LODH	SHYAM MANIK LODH
6	SAISSC2025-277	SUKHVINDER SINGH	BALJEET SINGH
7	SAISSC2025-716	SUJAY ROY	DEBASISH ROY
8	SAISSC2025-641	MANIKANDAN	KRISHNAN
9	SAISSC2025-576	ARYAN VASHISTHA	SANJEEV SHARMA
10	SAISSC2025-806	USHA	SANTOSH
11	SAISSC2025-153	TEENA GURUNG	KUMAR GURUNG
12	SAISSC2025-826	BIJEESH C	BALAN C
13	SAISSC2025-813	SINGH DURGESH ANILPRATAP	ANILPRATAP SINGH
14	SAISSC2025-388	NIKITA BHARDWAJ	SATISH KUMAR
15	SAISSC2025-851	NAVEEN KUMAR	NARAYAN SINGH
16	SAISSC2025-440	FOUJVEER SINGH	JAI SINGH
17	SAISSC2025-601	BHAMINI PANDEY	PRAMOD KUMAR PANDEY
18	SAISSC2025-4	ABHISHEK MOURYA	HARISHCHAND
19	SAISSC2025-59	SWALEHA BEG	AKRAM BEG
20	SAISSC2025-846	DEEPANSHU	HARSH WARDHAN
21	SAISSC2025-65	AMAN KUMAR TOMAR	SURESH CHAND
22	SAISSC2025-64	ANITA SINGH	SUSHIL KUMAR SINGH
23	SAISSC2025-754	PRABHAKAR TIMSHINA	HOM NATH TIMSHINA
24	SAISSC2025-426	JONESS THOIVANRIL TARA	SANGZUALA TARA
25	SAISSC2025-280	RAJAT SHARMA	RAVINDER KUMAR
26	SAISSC2025-178	SIDDHARTH SURANA	RAJENDRA SURANA
27	SAISSC2025-196	NIKHIL NEGI	LATE MR KAPOOR SINGH NEGI
28	SAISSC2025-676	DIVYA RAJAWAT	RAMAVTAR SINGH RAJAWAT

29	SAISSC2025-441	UTKARSH ANAND	ANAND KRISHNA
30	SAISSC2025-819	BHAWANA	PRABHU RAM
31	SAISSC2025-853	ANIKET GULAB SATAV	GULAB VITTHAL SATAV
32	SAISSC2025-407	JIPSI SINGH	BIPIN KUMAR SUMAN
33	SAISSC2025-799	KULDEEP KUMAR	JEERAM
34	SAISSC2025-272	MUKKESH M.K	KALAI SELVAN A.M
35	SAISSC2025-338	ALLIYA HANIEF KOHLI	MOHD HANIEF
36	SAISSC2025-448	BHUVAN CHAND	NARENDRA CHAND
37	SAISSC2025-531	AMIT BHAINI	HARI KISHAN BHAINI
38	SAISSC2025-788	BHARAT WAVSE	ASHOK WAVSE
39	SAISSC2025-566	SAGAR SARANG	DINESHCHANDRA
40	SAISSC2025-415	MOHIT KAUSHIK	ROSHAN LAL
41	SAISSC2025-26	EDAGOTTUKALIKESWARA VARAPRASAD	EDAGOTTU SUBRAMANYAM
42	SAISSC2025-435	SAMINATHAN . J	JOHN VEDHAMANIKKAM . G
43	SAISSC2025-57	MANAUWAR ALI	MD JAAN
44	SAISSC2025-35	SAMEER AHMAD HAJAM	AB RASHID HAJAM
45	SAISSC2025-135	MOHIT BHIMKAR	RATANLAL BHIMKAR
46	SAISSC2025-654	ROSHAN KARKI	CHANDER BAHADUR
47	SAISSC2025-542	JYOTI KACHARI	JAMINDRA KACHARI
48	SAISSC2025-34	ABHINAV KUMAR	BAIJNATH MANDAL
49	SAISSC2025-685	SUBHASH TENDULKAR	SATYENDRA KUMAR
50	SAISSC2025-5	SAHIN KHATUN	ANULLAH KHAN

List of reserved selected candidates of 3rd Post Graduate Diploma in Strength and Conditioning Course 2025-26

S.N.	APPLICATION NO	STUDENT NAME	FATHER NAME
1	SAISSC2025-606	AMIT ANTAL	RULDA SINGH
2	SAISSC2025-680	KOUSHIKEN K	KUPPAN R
3	SAISSC2025-651	SAHIL	SHYAM LAL

4	SAISSC2025-30	VIKAS PANGHAL	RAMBIR SINGH
5	SAISSC2025-847	SAHIL KAUSHIK	VIPEN KUMAR KAUSHIK
6	SAISSC2025-703	SATHIYARAJ G	GANESAN M
7	SAISSC2025-785	AVINASH KUMAR	SUNIL KUMAR BAGESH
8	SAISSC2025-792	ANKIT	PREM DAS
9	SAISSC2025-778	BALARAM NAYAK	CHIRANJIBI NAYAK
10	SAISSC2025-590	ANIL	RAJ SINGH
11	SAISSC2025-86	HARSH PARMAR	TEJASBHAI
12	SAISSC2025-810	AAKASH	RAMNARAYAN
13	SAISSC2025-432	UMA KANT OJHA	RAVINDRA OJHA
14	SAISSC2025-16	SANDHYA	RAJKUMAR SINGH
15	SAISSC2025-453	VIPUL KUMAR SINGH	PARSURAM
16	SAISSC2025-536	GAURAV KUMAR	VINOD CHAUDHARY
17	SAISSC2025-538	HITENDRA VIJAY HANSKAR	VIJAY
18	SAISSC2025-323	PRAVEEN KUMAR	DHANSUKH CHAUHAN
19	SAISSC2025-708	SURAJ	RAMKUMAR
20	SAISSC2025-53	MORI KHUSHI	UMESHBHAI
21	SAISSC2025-345	KIRUPAKARAN	MARUTHUPANDI
22	SAISSC2025-468	SHAILESH	AJMER SINGH
23	SAISSC2025-701	ROHIT SINGH	BHOM SINGH
24	SAISSC2025-293	LEIMRAM JOYPRIYA CHANU	LEIMRAM BIRBAHU
25	SAISSC2025-689	SUNIL KUMAR GUPTA	MAHENDRA SAW
26	SAISSC2025-766	AMAN	RANBIR SINGH
27	SAISSC2025-87	SHYAM SUNDAR DWIVEDI	SANTOSH KUMAR DWIVEDI
28	SAISSC2025-72	ABHINAV TYAGI	NARENDER SINGH
29	SAISSC2025-828	BHARTU THAPA	NARAYAN BAHADUR

30	SAISSC2025-70	ROSHANPAUL	PAUL MP
31	SAISSC2025-758	SOURAV KUMAR	SRI JEETAN PRASAD
32	SAISSC2025-18	AJAY DURGA RAJ KOMMURI	K SRINIVAS RAO
33	SAISSC2025-89	ADARSH PANDEY	ONKAR NATH PANDEY
34	SAISSC2025-469	SHUBHAM SINGH	SUNDAR SINGH
35	SAISSC2025-373	KSHITIJ MANSOTRA	SANDEEP SHARMA
36	SAISSC2025-571	TONGBRAM PREMI DEVI	TONGBRAM LUKHOI SINGH
37	SAISSC2025-745	CHANDAN BAITHA	BAYASI BAITHA
38	SAISSC2025-471	ANUGRAH J PRAKASH	JAYAPRAKASHAN N P
39	SAISSC2025-541	PRADEEP ATRI	DHARM SINGH

PG DIPLOMA IN STRENGTH AND CONDITIONING (2025-26)

S. No.	Schedule	Date	Time
1	Online Classes will commence from	03-07- 2025	Scheduled will be shared separately
2	Reporting and Document Verification at SAI Netaji Subhas National Institute of Sports, Old Moti Bagh Palace, Patiala- 147001 (Punjab)	14-07-2025	10:00 AM
3	Introduction with faculty and orientation to the Academic Centre	14-07-2025	12:00 noon onwards
4	Start of Block Teaching-I (Physical Classes)	14-30th July, 2025 (15 days International faculty)	10:00 AM onwards

Semester I: July end to November end 2025

Classes	Days
Online Classes	Every Thursday, Friday 10:30 Am -12:30 Noon and 4:30-6:30 PM Saturday : 10:30 Am -12:30 Noon
Block Teaching I (Physical Classes)	14-30th July, 2025 (15 days International faculty)
Block Teaching II (Physical Classes)	15-26 September, 2025 (10-11 days National , Sai Faculty)
Semester Examination: Theory and Practical (Physical)	November 3rd Week Onwards (As per Punjabi University Schedule)

Semester II: January to April end 2026

Classes	Days
Online Classes	Every Thursday, Friday 10:30 Am -12:30 Noon and 4:30-6:30 PM Saturday : 10:30 Am -12:30 Noon
Internship	Between 1st April to 30th April 2026 (Candidate need to complete 30 days between this period)
Block Teaching I (Physical Classes)	2 March to 18th March, 2026
Semester Examination: Theory and Practical (Physical)	May 2nd Week Onwards (As per Punjabi University Schedule)

1. FEES BIFURCATION:**A. POST GRADUATE DIPLOMA IN STRENGTH AND CONDITIONING**

Sr. No.	Fee Bifurcation	Amount (Rs)
1	Registration Fees	3575.00
2	Examination Fees (Semester I)	3040.00
3	Examination Fees (Semester II)	3040.00
	Total	9655.00
Semester I		
4	Course Fees (semester I)	51845.00
5	Uniform (Blazer Tie)	2500.00
6	Establishment/ Academic Charges	5000.00
7	Lab Charges	5000.00
8	Syllabus	1000.00
9	Security Deposit (Refundable)	1000.00
10	Scientific Journal and Library Fees	1000.00
11	Medical assistance for Minor Ailments	500.00
	Total	67845.00
Semester II		
12	Course Fees (semester II)	67,500.00
	Fees to be Submitted at NSNIS, Patiala	1,45,000.00

*(Additionally, convenience fee for online transaction as applicable will be levied by the payment gateway)

1st installment: Rs. 50,000/- to be paid in June,2025

2nd installment: Rs. 47,500/- to be paid in November,2025

3rd installment: Rs. 47,500/- to be paid in March,2026