

**JOINING INSTRUCTIONS FOR PROVISIONALLY SELECTED CANDIDATES  
OF POST GRADUATE DIPLOMA IN STRENGTH AND CONDITIONING 2026-27**

List of provisionally selected candidates for admission to One Year Post Graduate Diploma in Strength and Conditioning for the academic session 2026-27 is enclosed at Annexure "A. The semester-wise schedule is enclosed as Annexure B and the fee structure is enclosed as Annexure C.

The provisionally selected candidates are advised to read the following instructions carefully and act accordingly.

A. The fee payment details are as follows:

- I. The provisionally selected candidates have to pay the first instalment through the link: <https://www.ssc26.nsnis.in/manager/pub/paymentoptionsubi>
- II. First Instalment: Rs. 50,000/- (Fifty thousand Non-Refundable)
- III. Online fee payment open: 18 July, 2026 11:00 a.m.
- IV. Last date for online fee payment: 30 July, 2026 11:00 p.m.

**Note:** If the provisionally selected candidates do not submit the first instalment before the deadline, reserve candidates (serial-wise) will be called for admission.

B. The remaining fee shall be paid in two instalments:

Second Installment - Rs.47,500/- in November 2026.

Third Installment - Rs.47,500/- in March 2027.


C. All the provisionally selected candidates who have paid the first instalment fee are required to bring their original documents mentioned below while reporting on 17<sup>th</sup> August 2026:

- Original Class 10 Certificate/Mark Sheet.
- Original Class 12 Certificate/Mark Sheet.
- Original Graduation Degree Certificate/ Provisional Degree Certificate (as applicable)
- Migration Certificate from the last attended University/Institution.
- Two recent passport-size photographs.
- No Objection Certificate (NOC) from the respective organisation (applicable to employed candidates only).
- Self-attested photocopy of the Application Form.
- Self-attested photocopies of all educational qualification documents.

D. If any candidate fails to fulfil the eligibility criteria or in case certificates of any candidate in the merit list are found fake or forged, his/her admission will be summarily rejected even after the start of the course, towards the completion of the course or even after the completion of the course.

E. Personal cars/four wheelers are not permitted in the campus.

F. Use of banned drugs and consumption of alcoholic drinks and smoking and chewing of tobacco is strictly prohibited in the campus, any candidate found guilty, strict action will be taken against him/her.

  
**Sudheer Kumar Reddy**  
Deputy Director (Acad.)  
SAI NS NIS Patiala

**List of provisionally selected candidates of  
4<sup>th</sup> Post Graduate Diploma in Strength and Conditioning 2026-27**

S.N.	APP NO	STUDENT NAME	FATHER NAME
1	SAISSC2026-137	ASHISH SHARMA	RAJESH KUMAR SHARMA
2	SAISSC2026-552	LAKSHAY PRAJAPATI	CHAMAN LAL
3	SAISSC2026-603	MALLIKARJUN H	HANUMAPPA GURIKAR
4	SAISSC2026-184	AMIT KUMAR PRAJAPATI	ADITYA PRAJAPATI
5	SAISSC2026-36	PANNAI ALANGARA PANDIAN S	SAMY DURAI
6	SAISSC2026-131	MANINDER PAL SINGH	JAGJEET SINGH
7	SAISSC2026-427	MEERA VP	PRASAD KV
8	SAISSC2026-618	DAKSHA GAUTAM	RAKESH GAUTAM
9	SAISSC2026-509	MITAL R MAHIDA	RAMJIBHAI B MAHIDA
10	SAISSC2026-207	SANDEEP SINGH CHAUHAN	HUKAM SINGH
11	SAISSC2026-141	BHUPENDER	VIJAYPAL
12	SAISSC2026-205	RIYA BAURAI	R.B.BAURAI
13	SAISSC2026-270	HIMANSHU YADAV	SHIV PRASAD YADAV
14	SAISSC2026-395	AKSHAY KUMAR	PRATAP SINGH
15	SAISSC2026-460	DEVANSH BAHADUR	SUNIL KUMAR SINGH
16	SAISSC2026-377	ABHA SINGH	HARINDER NARAYAN SINGH
17	SAISSC2026-297	MANTHAN BHIMKAR	RATAN LAL BHIMKAR
18	SAISSC2026-178	RASHMI SAHU	MAHENDRA SAHU
19	SAISSC2026-717	JAYANT SINGH GODARA	SATENDRA KUMAR
20	SAISSC2026-766	SANNY PANDEY	RAVINDRA NATH PANDEY
21	SAISSC2026-254	ASHISH KUMAR	SUDHIR PANDEY
22	SAISSC2026-633	JAPESH KANNA K	KALIAPEROMAL
23	SAISSC2026-725	L PRABAKARAN	V LOGANATHAN
24	SAISSC2026-353	MANIKANDAN B	BALASUBRAMANIYAN
25	SAISSC2026-451	MAPHI	SATYAWAN
26	SAISSC2026-237	TAJAMUL MOHI UD DIN	GHULAM MOHI UD DIN MIR
27	SAISSC2026-7	SHAPATH MANDAL	PARTHA MANDAL
28	SAISSC2026-217	DEEPAK KUMAR RAO	KARTAR SINGH RAO
29	SAISSC2026-8	PAWAN YADAV	RAJKUMAR YADAV
30	SAISSC2026-74	VIVEK MALIK	SHAMSHER SINGH MALIK
31	SAISSC2026-485	MAYANK SINGH RAWAT	RAJENDRA SINGH RAWAT
32	SAISSC2026-484	VASUPALLI NANI	POTHURAJU
33	SAISSC2026-244	KISHORE KUMAR M	MURUGESAN
34	SAISSC2026-789	SHWETA SINGH	SANJAY SINGH
35	SAISSC2026-626	ASMITA PRAJAPATI	KAPIL DEV PRAJAPATI
36	SAISSC2026-731	MANSI DESHMUKH	KIRAN
37	SAISSC2026-692	PRASHANT KUMAR	RAJENDRA PRASAD
38	SAISSC2026-230	AJAY SINGH YADAV	PANNA LAL YADAV
39	SAISSC2026-778	KSHITIJ MANSOTRA	SANDEEP SHARMA
40	SAISSC2026-452	PANKAJ CHOUDHARY	DAYARAM CHOUDHARY
41	SAISSC2026-617	PRAGYAN PRADHAN	PRANAY PRADHAN
42	SAISSC2026-428	VIKAS PUSHPAKAR	SURESH CHANDRA PUSHPAKAR
43	SAISSC2026-551	BHUMESH KUMAR	NETRAM
44	SAISSC2026-413	KAMALJIT SINGH	SATNAM SINGH
45	SAISSC2026-19	MOHIT	KULDEEP
46	SAISSC2026-510	ROHIT KUMAR RAUT	ROHIT
47	SAISSC2026-533	SANDEEP SINGHA	PRIYA KUMAR SINGHA
48	SAISSC2026-671	GURPR SINGH	BINDER SINGH
49	SAISSC2026-281	KAJAL SHAH	ROSHAN SHAH
50	SAISSC2026-739	SALIKANTI VINOD	SALIKANTI PEDA VENKATIAH



**List of Provisionally Shortlisted Reserve Candidates for the  
4<sup>th</sup> Post Graduate Diploma In Strength and Conditioning (2026-27):**

<b>S.N.</b>	<b>APP NO</b>	<b>Student Name</b>	<b>Father Name</b>
1.	SAISSC2026-615	NIKHIL KUMAR	PRADEEP KUMAR
2.	SAISSC2026-2	ANIMESH BISWANATH BHATTACHARJEE	BISWANATH
3.	SAISSC2026-534	FARHA	INTZAR
4.	SAISSC2026-362	YASH KOTWAL	SHIV PRASAD KOTWAL
5.	SAISSC2026-311	RANDHIR SINGH	JARMEJ SINGH
6.	SAISSC2026-245	DIYA BISHT	MAHARAJ SINGH BISHT
7.	SAISSC2026-782	VIVEK KUMAR	DEO KUMAR PANDEY
8.	SAISSC2026-652	BIRENDRA KUMAR SINGH	MAHESH PRASAD SINGH
9.	SAISSC2026-31	VARUN PARESH RATHOD	PARESH RATHOD
10.	SAISSC2026-347	AMISHA KALE	ROOPKUMAR KALE
11.	SAISSC2026-607	NITHISH KUMAR M	MADHAVAN V
12.	SAISSC2026-69	ROHIT BENIWAL	D V BENIWAL
13.	SAISSC2026-224	SAGAR SWAMI	RAKESH SWAMI
14.	SAISSC2026-37	GAURAV KUMAR	VINOD CHAUDHARY
15.	SAISSC2026-625	SHRI BHAGWAN	MANGAT RAM
16.	SAISSC2026-468	ASHUTOSH YADAV	SRINATH YADAV
17.	SAISSC2026-154	JINUMON JOSEPH	JOSEPH P.V
18.	SAISSC2026-79	CHAVAN LAKHANSING GANESH	GANESH
19.	SAISSC2026-388	SEEJBOND WAKAMBAM	WAKAMBAM SURAJ SINGH
20.	SAISSC2026-140	CAPTAIN VIRENDRA SINGH MARYA	LATE SHRI RANDHIR SINGH MARYA
21.	SAISSC2026-210	SAINY PRODHAN	SANJIB KUMAR PRODHAN
22.	SAISSC2026-378	VALLEPU SINDHUJA	VALLEPU BALARAJ
23.	SAISSC2026-514	BRIJESH	MAHENDER
24.	SAISSC2026-261	NASRULLAH ELYA	MOHD RAHIM
25.	SAISSC2026-513	SAJAL CHAKRABORTY	PARESH CHAKRABORTY

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## POST GRADUATE DIPLOMA IN STRENGTH AND CONDITIONING (2026-27)

S. No.	Schedule	Date	Time
1	Online Classes will commence from	06-08-2026	Schedule will be shared separately
2	<b>Document Verification</b> at SAI Netaji Subhas National Institute of Sports, Old Moti Bagh Palace, Patiala-147001 (Punjab)	17-08-2026	10:00 AM onwards
3	Introduction with faculty and orientation to the Academic Centre/ and	17-08-2026	12:00 Noon onwards
4	Start of Block Teaching-I (Offline Classes)	17 Aug -2nd Sept, 2026 (15 days International faculty)	10:00 AM onwards

## Semester I: August to November 2026

Classes	Days
Online Classes	Every Thursday, Friday 10:00 AM -12:00 Noon and 4:00-6:00 PM Saturday: 10:00 AM- 12:00 Noon
Block Teaching I (Offline Classes)	17 Aug -2nd Sept, 2026 (15 days International Faculty)
Block Teaching II (Physical Classes)	5-16 October, 2026 (10-11 days National, SAI Faculty)
Semester Examination: Theory and Practical (Offline)	December 1st Week Onwards (As per Punjabi University Schedule)

## Semester II: January to April end 2027

Classes	Days
Online Classes	3rd Week of January (After the first semester Exams) Every Thursday, Friday 10:00 Am -12:00 Noon and 4:00-6:00 PM Saturday: 10:00 Am -12:00 Noon
Block Teaching I (Offline Classes)	February, 2027 (Dates & Schedule will be shared)
Internship	Between March & April 2027 (Candidate needs to complete 30 days between this period)
Semester Examination: Theory and Practical (Offline)	May 2027, 2nd Week Onwards (As per Punjabi University Schedule)

## FEE STRUCTURE FOR ONE YEAR POST GRADUATE DIPLOMA IN STRENGTH AND CONDITIONING (2026-27)

Sr. No.	Fee Bifurcation	Amount (Rs)
1	Registration & Examination Fees (Semester I & II)	9655.00
<b>Semester I</b>		
2	Course Fees (Semester I)	51845.00
3	Uniform (Blazer Tie)	2500.00
4	Establishment/ Academic Charges	5000.00
5	Lab Charges	5000.00
6	Syllabus	1000.00
7	Security Deposit (Refundable)	1000.00
8	Scientific Journal and Library Fees	1000.00
9	Medical assistance for Minor Ailments	500.00
	<b>Total</b>	<b>67845.00</b>
<b>Semester II</b>		
10	Course Fees (semester II)	<b>67,500.00</b>
	<b>TOTAL FEES</b>	<b>1,45,000.00</b>

*\*(Additionally, convenience fee for online transaction as applicable will be levied by the payment gateway)*